

Fall Prevention
Community of Practice
ADULT+JUNIOR



Fall Prevention Month 2019

Activity Implementation: Spot the Hazards that can Lead to a Fall

Monday, June 24th 2019

Daphne Kemp

THIS WEBINAR IS BEING RECORDED.
THE SLIDE DECK AND RECORDING WILL BE
EMAILED AFTER THE WEBINAR.

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Webinar Outline

12:00 – 12:05pm – Introductions

12:05 – 12:15pm – How to use the Fall Prevention Month Website

12:15 – 12:20pm – Questions?

12:20 – 12:35pm – Spot the Hazards that can Lead to a Fall activity

12:35 – 12:45pm – Questions?



Spot the Hazards

How to Create a Mock Environmental Hazards Room Experience

June 24th, 2019



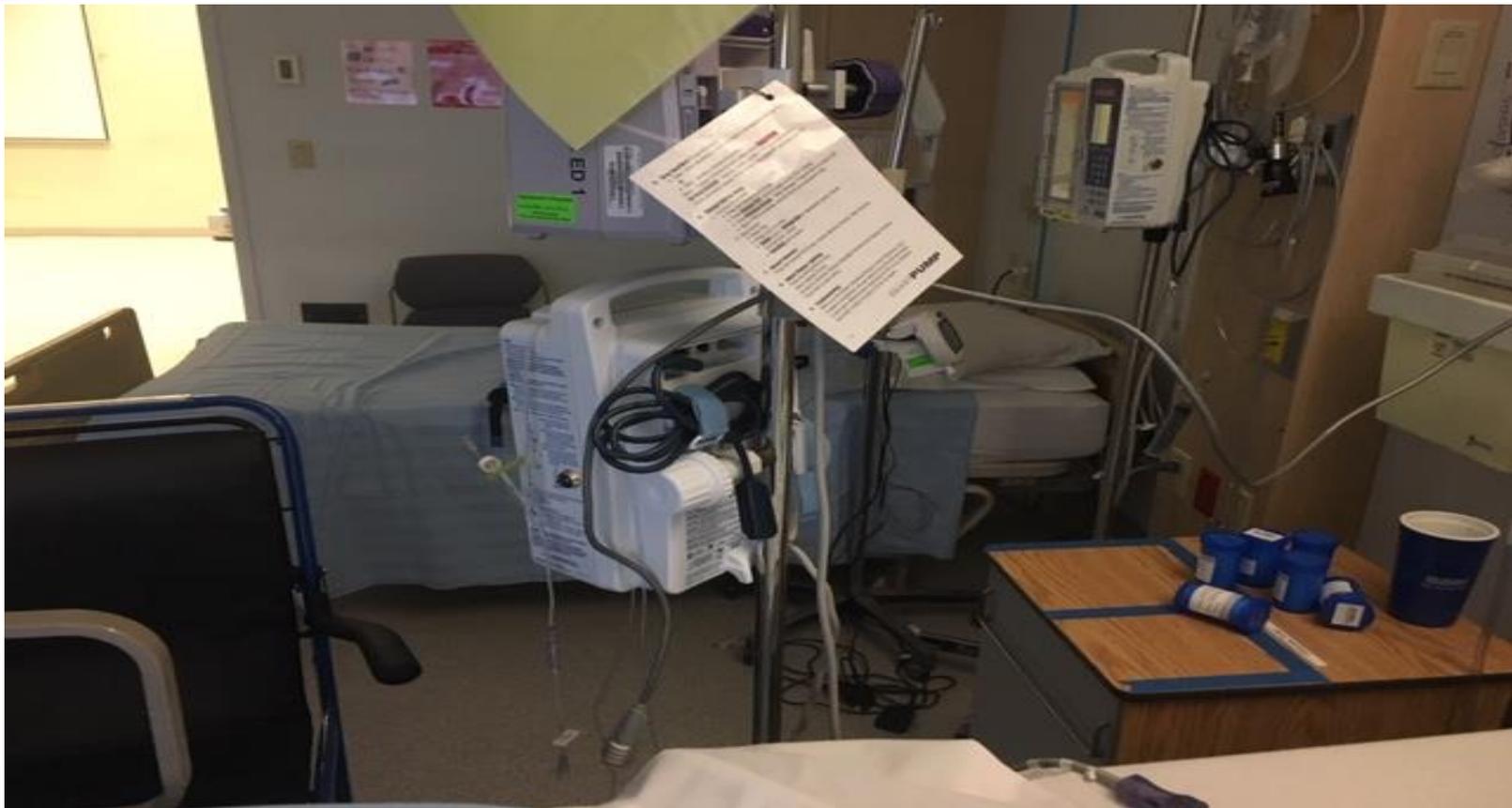
Saskatchewan
Health Authority

Environmental Hazards Room

Getting Started



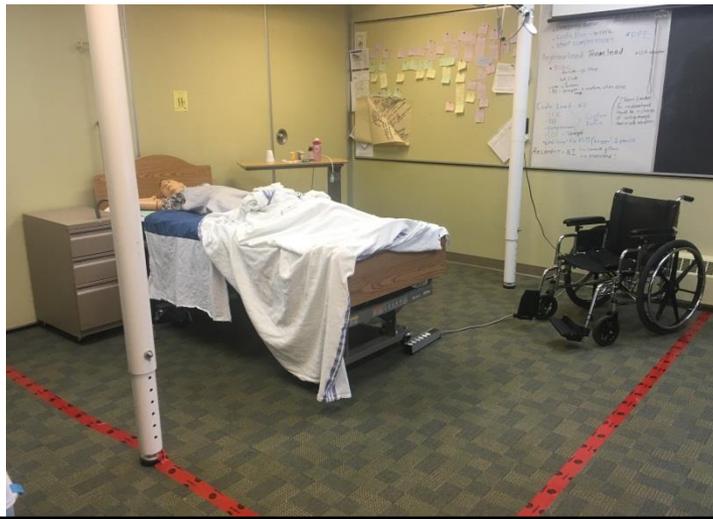
Target Audience



Location

Things to Consider

- Who can access it?
- Does it cost?
- Is it in a location that is safe and people can find?
- What is the capacity that it holds?
- Is there availability for expansion and ad on's?



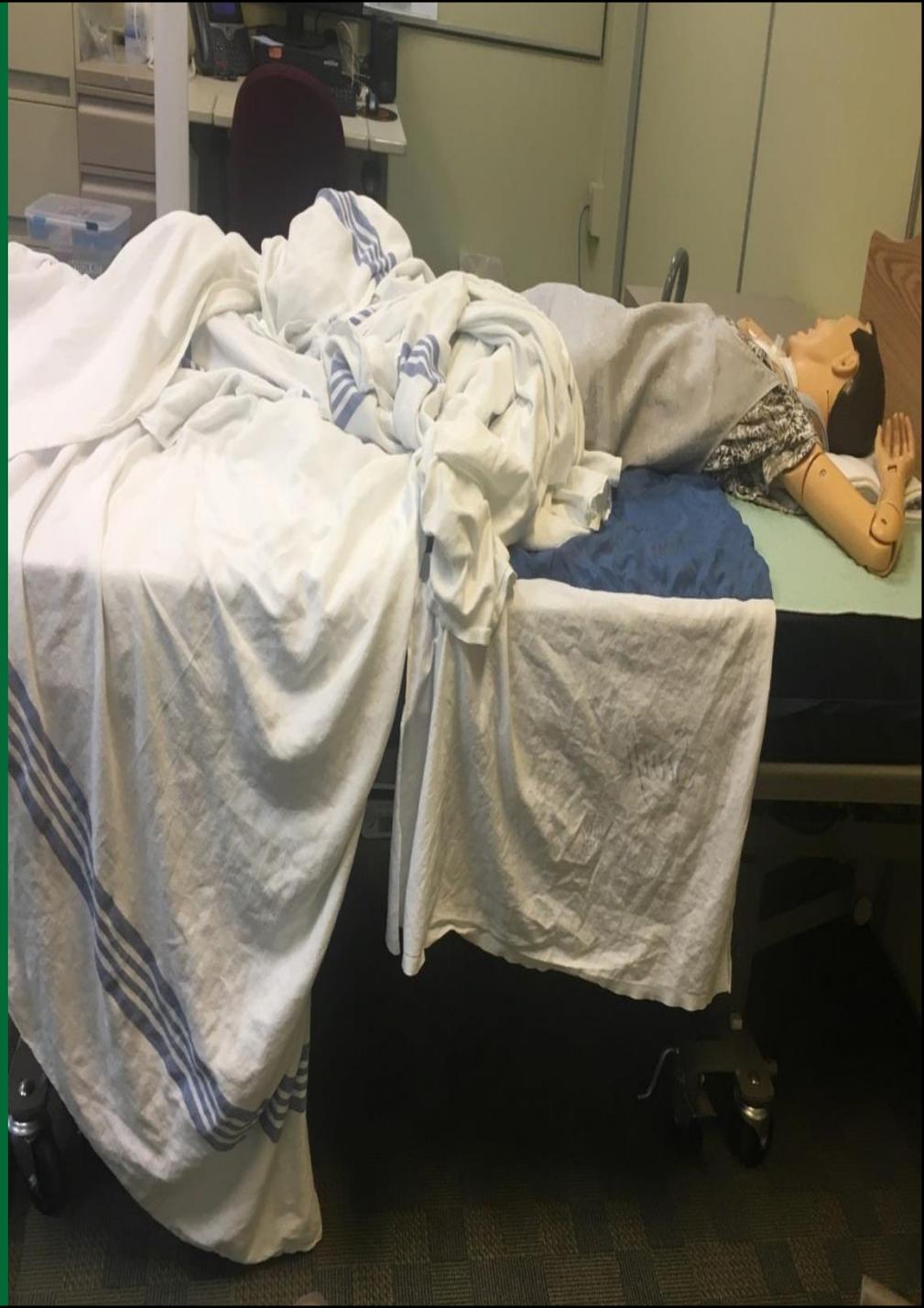
Timing

Timing depends on the area where the activity will be hosted

- How long will the event be (we did...)
- Day of the week

Set up & Cost

- Props
- Resources
- Incentives
- Food
- Printing



What will you need ?



Add in a Scenario

Example: Patient profile

Maggie is an 86 year old female living with vascular dementia - admitted with dehydration, UTI, and a fall at home.

- PMHx: vascular dementia, stroke 2016 (mild left U/E weakness), glaucoma, diabetes, and arthritis.
- Medications: Antihypertensive, Diuretic, Dilaudid, and numerous over the counter medications. She has a hematoma to left side of face with minor skin tears to her arms. She typically uses a 4ww to mobilize and lives in Assisted Living.

Person in Environment



Suggested Ideas

Clinical Setting

- Cluttered path
- Spill on floor
- Cords
- Lighting too bright or too low
- Table far away from bed
- Bed at a high awkward height
- Brake not on equipment and/or table or bed
- Sheets or blanket hanging off the bed loosely



For Home Setting

- Scatter rugs
- Pet toys
- Things set in high places out of reach
- Furniture that is unsteady
- Glare from windows
- Bed skirts hanging on the ground





Ask some key questions:

- What would you do to identify her fall risk factors?
- What biological or psycho/social factors may cause risk for falling? Please list:
- What environmental hazards did you identify in this patient's room? Please list as many as you can:

Engaging Staff and Public

Falls Scene Investigation

You are invited to participate in a Falls Month Investigation.

Please visit the room at the back of the
classroom and look for clues!

Once you have identified the risk factors, take your sheet to
Admin to collect your reward for solving the case.

Compare your answers to the master sheet in the Admin office!



Happy Falls Month!!

Additions

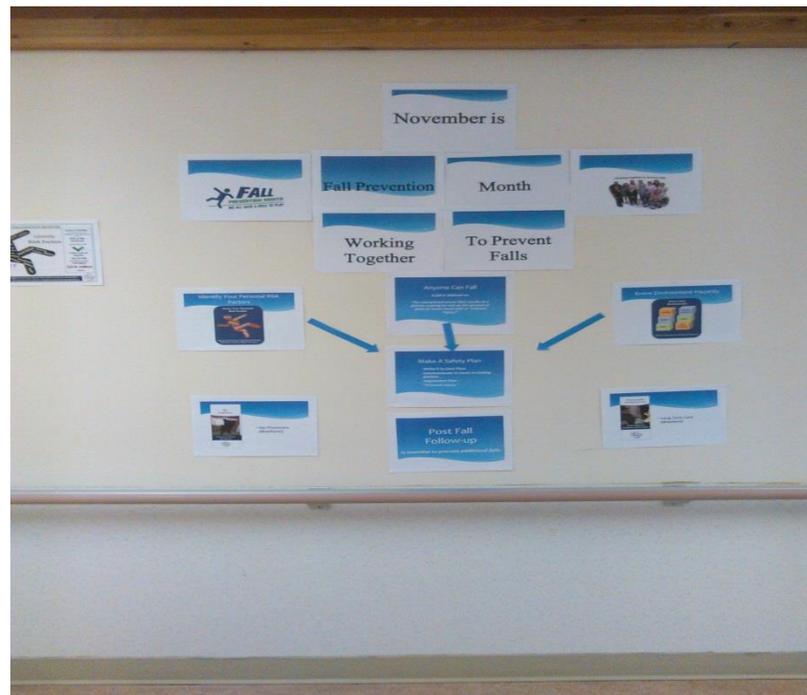
Be Creative

Add to the Experience by having people experience through the eyes of those at risk in the various settings.



Providing Resources

Examples



Promotion

Example

SAVE THE DATE!!

Tuesday, November 13th, 2018

9:00 a.m. – 5:00 p.m.

Saskatoon City Hospital

Nursing Education Room - Room 1914

Come and test your skills on the environmental risk factors that contribute to falls. Learn what you can do to create safer environments.

There will be demonstrations, resources, prizes and snacks.

FREE: open to all



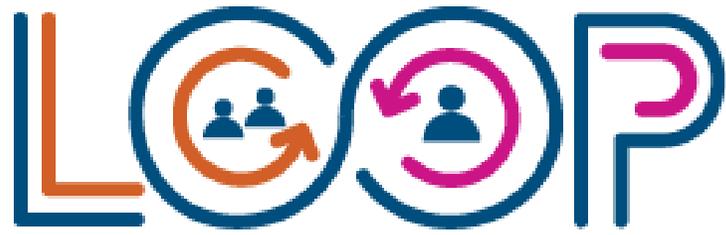
**Saskatchewan
Health Authority**

Questions?

For more information, visit
saskhealthauthority.ca.



Saskatchewan
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Questions?

Type your questions in to the Q&A.

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Fall Prevention Month 2019: Activity Implementation Webinar Series

July 9th 2019:
Safe Winter Walking

Tuesday, July 16th 2019:
Finding Hazards in the Home

